



Catherine Berdie Whitman

Education- BA from Sarah Lawrence College in Music Composition & Philosophy

Teaching Experience-teaching since 2022

Instrument(s)- Voice, Piano, Guitar

Interests- My first love was musical theater, and I still absolutely love it. I also love to dance, being in nature, cooking, and (surprise): MUSIC!

Are you left/Right Handed? Right handed

Are you an Extrovert or Introvert? Extroverted socially, but only with plenty of introverted time to recharge.

Age Preference- Ages 9-13

Level Preference- Beginner-Advanced Voice, Beginner-Intermediate Piano, Beginner Guitar

Favorite Series/Method- Each student is different and requires flexibility, but when teaching piano I often begin with Faber and refer back to it, especially for homework and skills-based learning.

A note from Ms. Catherine Berdie-

Growing up I had music teachers who taught technique with a sense of "right" and "wrong." It wasn't until I met my teacher Hannah Reimann that I was asked, "What do you want to learn?" From there, I blossomed, learning to sing, play piano and guitar, and quickly began writing. Having a teacher who is truly curious about your curiosity can change a student's life, the way that it did mine. Since then, I have devoted my life to the arts, beginning with acting and musical theater, now going full steam ahead on my musical career. Teaching roots me back in technique and community - two of the most important building blocks of a music hobby, practice, or career. Everyone should have access to music, and to someone who will cheer them on through every inspiration, frustration, performance, and "ah-hah" moment.

About Ms. Catherine Berdie-

Catherine Berdie Whitman is a multifaceted artist whose work spans composing, producing, singing, writing, and acting. Berdie has written, recorded, and released three EPs (The World Card, Devotional, Live in the Light), starred in two music videos (Thank You, Let Me Burn), has written for and conducted the Westchester Chamber Soloists Orchestra (Let Me Burn, 2024), and starred in the short film "The Girl and the Beast" (2022) written and directed by Sophie Bardos. Catherine Berdie works intentionally, rooting every project with preparation and presence. This philosophy inspired her to found Beginners Mind Productions, supporting like-minded artists by fostering spaces and resources for mindful creation.

Catherine has been teaching voice, songwriting, and piano lessons since 2021. She teaches both children and adults, and loves nothing more than the moment that a musician can let go of their thoughts and strategies and simply play.